

West Oxfordshire Exercise Class List

Venue	Class type	Day	Time
Witney Methodist Centre	Gentle Exercise to Music	Wednesday	11.30 - 12.30pm
Woodstock Town Hall	Gentle Exercise to Music	Wednesday	11.30 - 12.30pm
Shipton Under Wychwood	Gentle Exercise to Music	Tuesday	11.30 - 12.30pm
Eynsham, St Leonard's Hall	Gentle Exercise to Music	Wednesday	1.30 - 2.30pm
Enstone Parish Hall	Gentle Exercise to Music	Friday	11 - 12 noon.
Filkins Village Hall	Gentle Exercise to Music	Wednesday	9.30 - 10.30am
Kingstone Court, Chipping Norton	Seated Exercise	Thursday	10.30 - 11.30am
Freeland Village Hall	Seated Exercise	Friday	10 - 11am
Middle Barton Village Hall	Seated Exercise	Monday	10.30 - 11.30am
Eynsham St Leonard's Hall	Seated Exercise	Thursday	11.30 - 12.30am
North Leigh Memorial Hall	Tai Chi	Thursday	11 - 12 noon.
WI Hall, Carterton	Tai Chi	Thursday	1 - 2pm